

Workshops with Michelle Wong

Michelle is a dynamic and entertaining presenter, guaranteeing lots of laughs while learning.

<i>Time</i>	<i>What's included</i>	<i>Cost (GST included)</i>
Two Hour Workshop (30 adults or less)	Workshops are fully interactive with demonstrations, take-home tips and snacks provided!	\$275
Two Hour Workshop (30+ adults)	Workshops are fully interactive with demonstrations, take-home tips and snacks provided!	\$385
Workshop titles	Routine is King (parenting) Healthy Habits in the Home (parenting and health) Strength for Sanity (parents and autism) 3 M's – Mindset, Motivation and Mantras Goal Setting	

* *Prices subject to change*

* *Additional travel expenses may apply*

Bookings and quotes:
michelle@bustaburpee.com.au
 0450 152 403



BUST-a-burpee
 kids on the move